

Core Aspects to Describe the Dynamics of Becoming and Being a Family Caregiver: An Interdisciplinary Group Model Building Study

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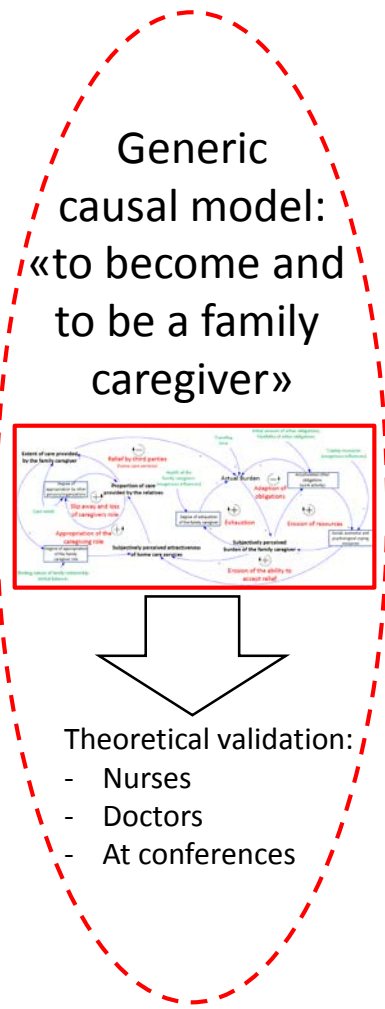
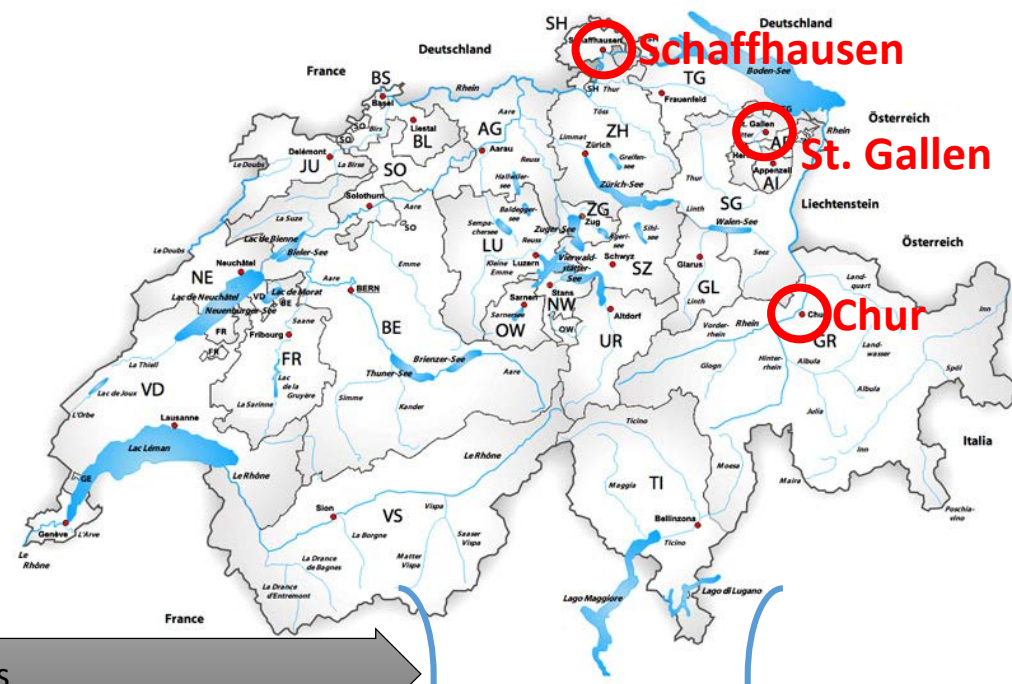
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1. Background

- Social value of family caregivers in Switzerland
- Challenge of preserving the family caregiver in the community as a «resource»
- Prospective planning of health care resources in the communities
- Aim of the current study:
 - to identify role key aspects describing the complexity to becoming and being a family caregiver
 - to build a causal model allowing the reconstruction of core aspects of the dynamics for “typical” family caregiver cases
- Funding:
 - Gebert Ruef Foundation → Funding Program BREF
 - No conflicts of interests
- Ethical Approval: Cantonal Ethics Committee St.Gallen (EKSG 14/079/U)

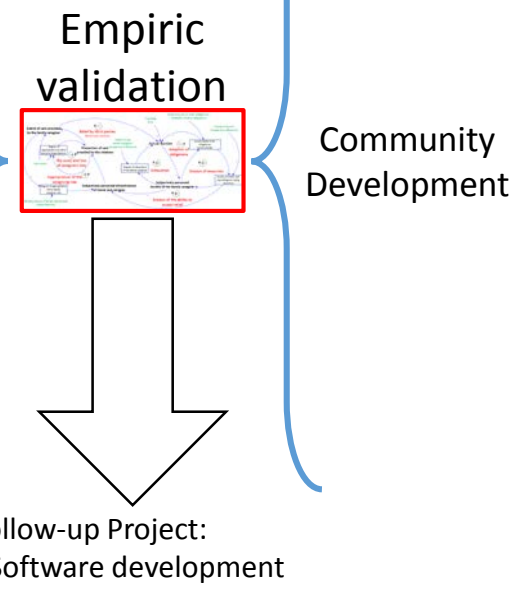


2. Overview Study Design



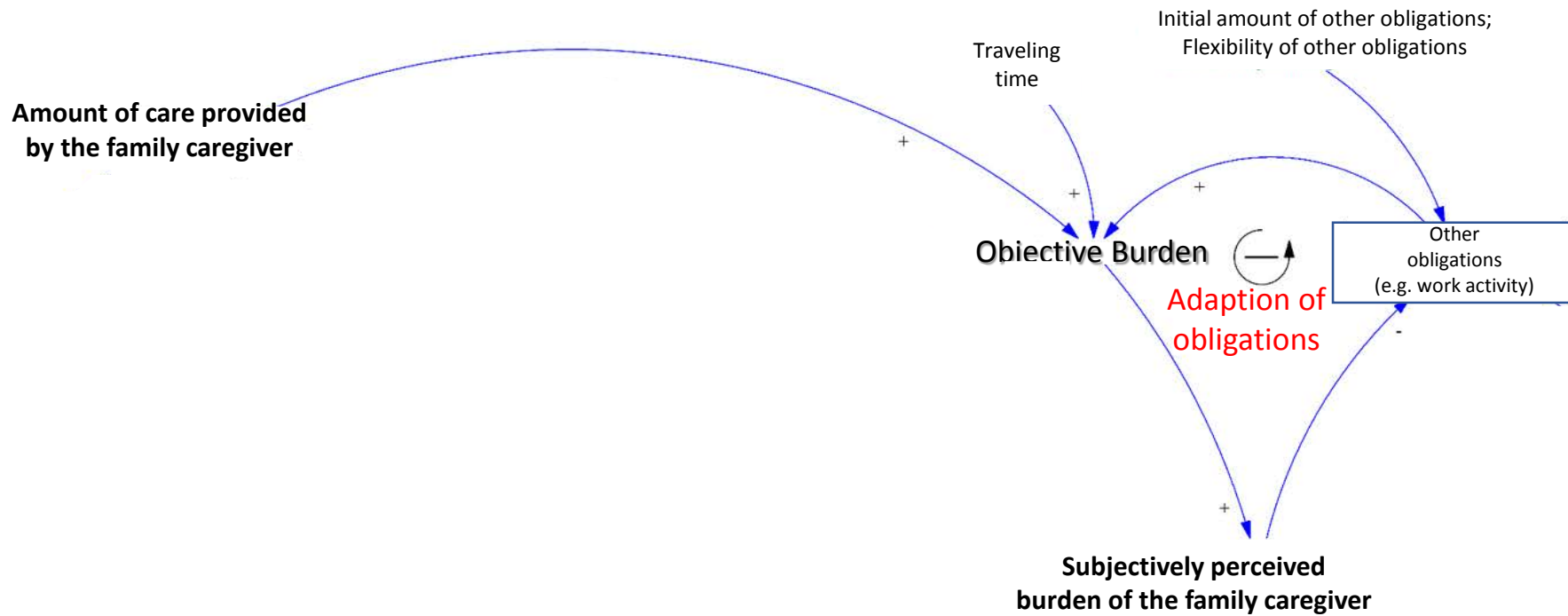
- 45 Interviews with home care organizations
- 6 months monitoring of family caregivers:

 - 2 x 18 qualitative interviews with family caregivers
 - 2 x 18 standardized surveys with family caregivers
 - 18 diaries during 6 months (every second week) about burden and relief
 - documentation family caregivers network





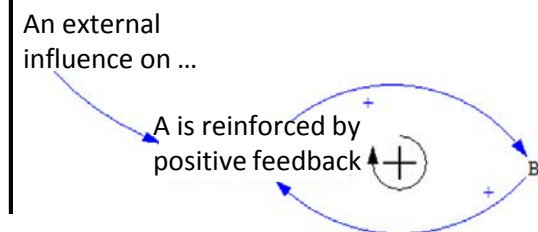
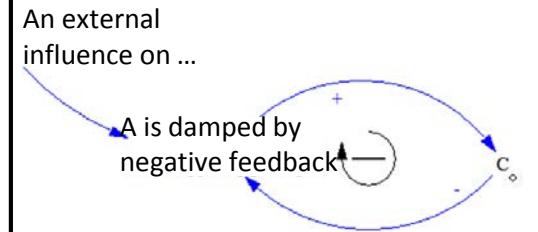
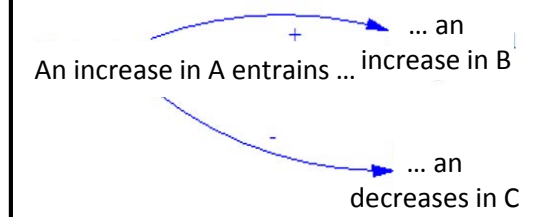
3. Adaption of obligations



Explanation:

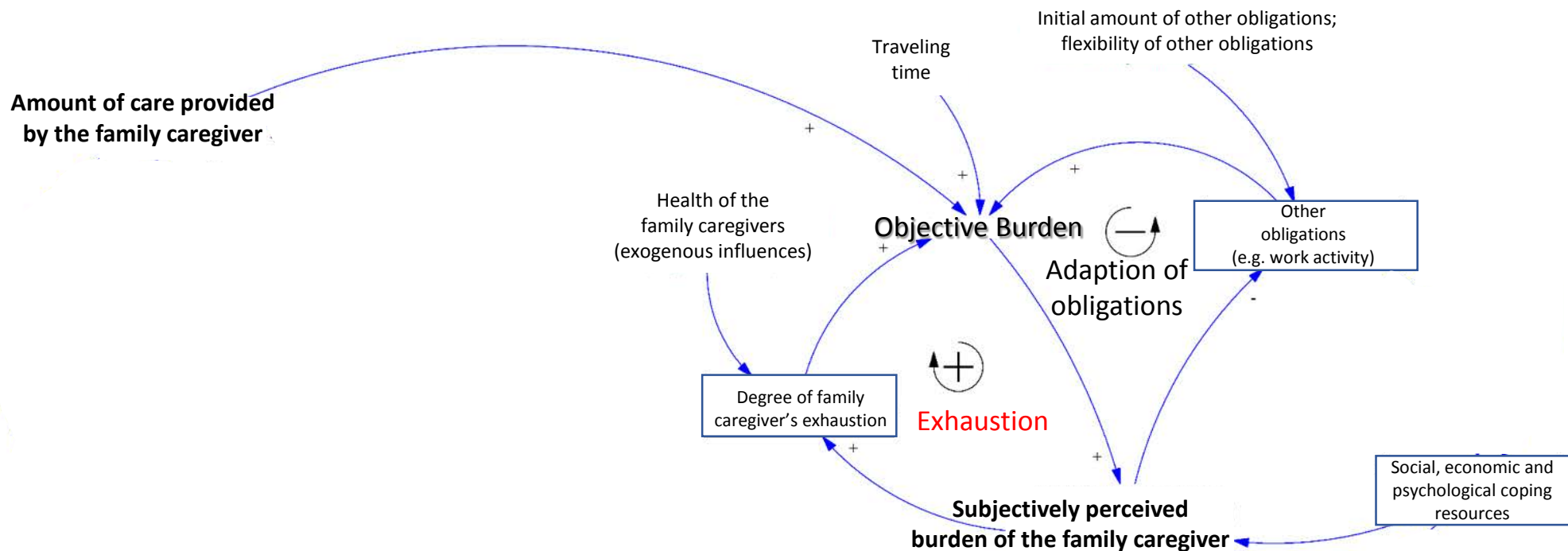
Stock Variable

Auxiliary Variable





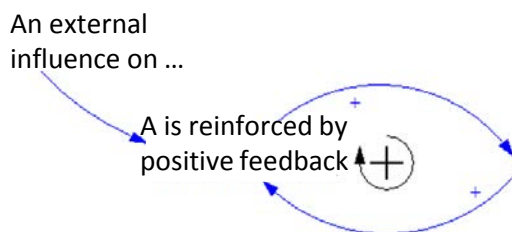
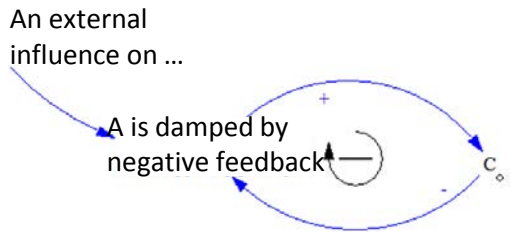
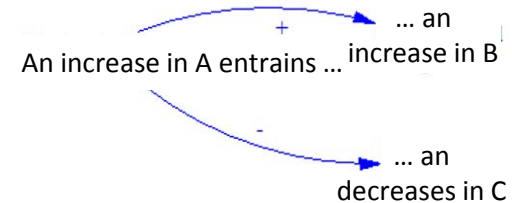
3. Exhaustion



Explanation:

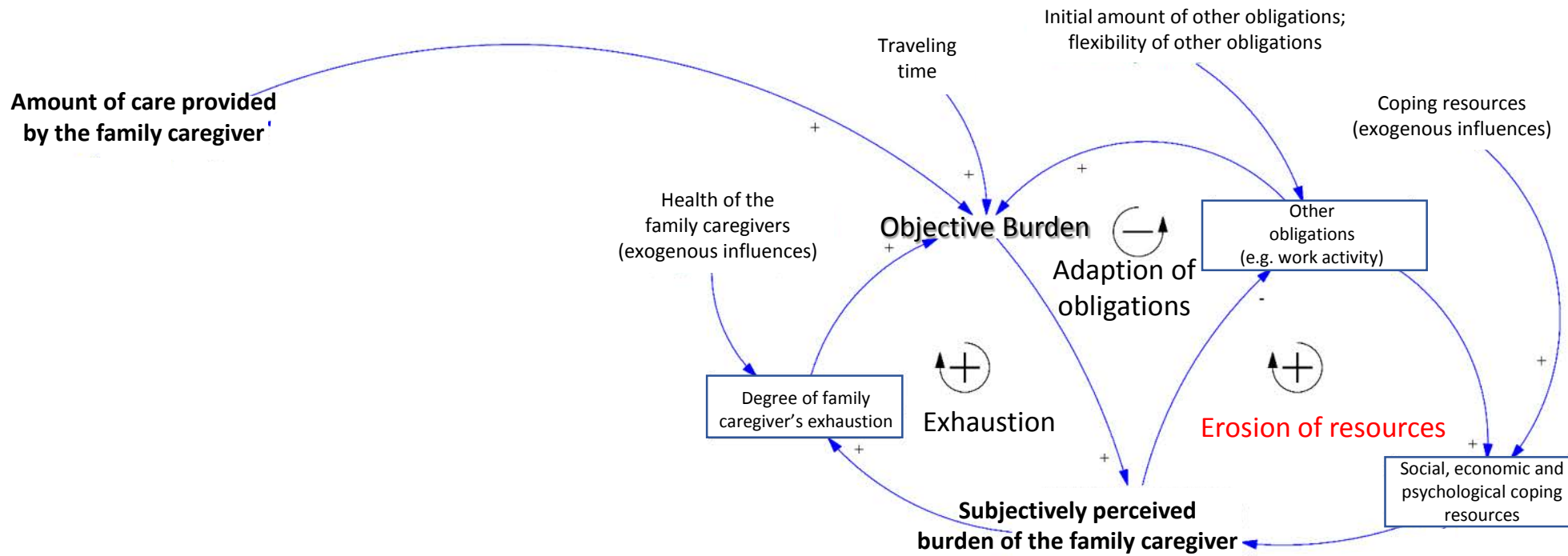
Stock Variable

Auxiliary Size





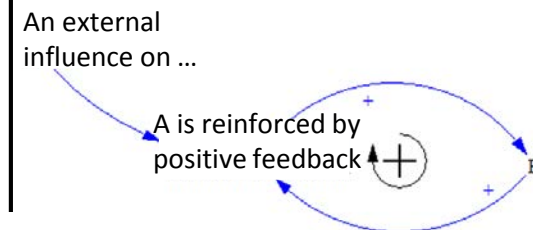
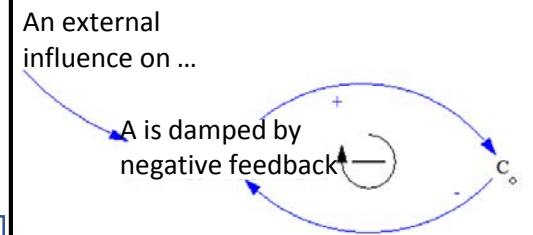
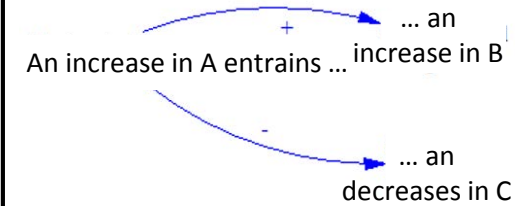
3. Erosion of resources



Explanation:

Stock Variable

Auxiliary Size



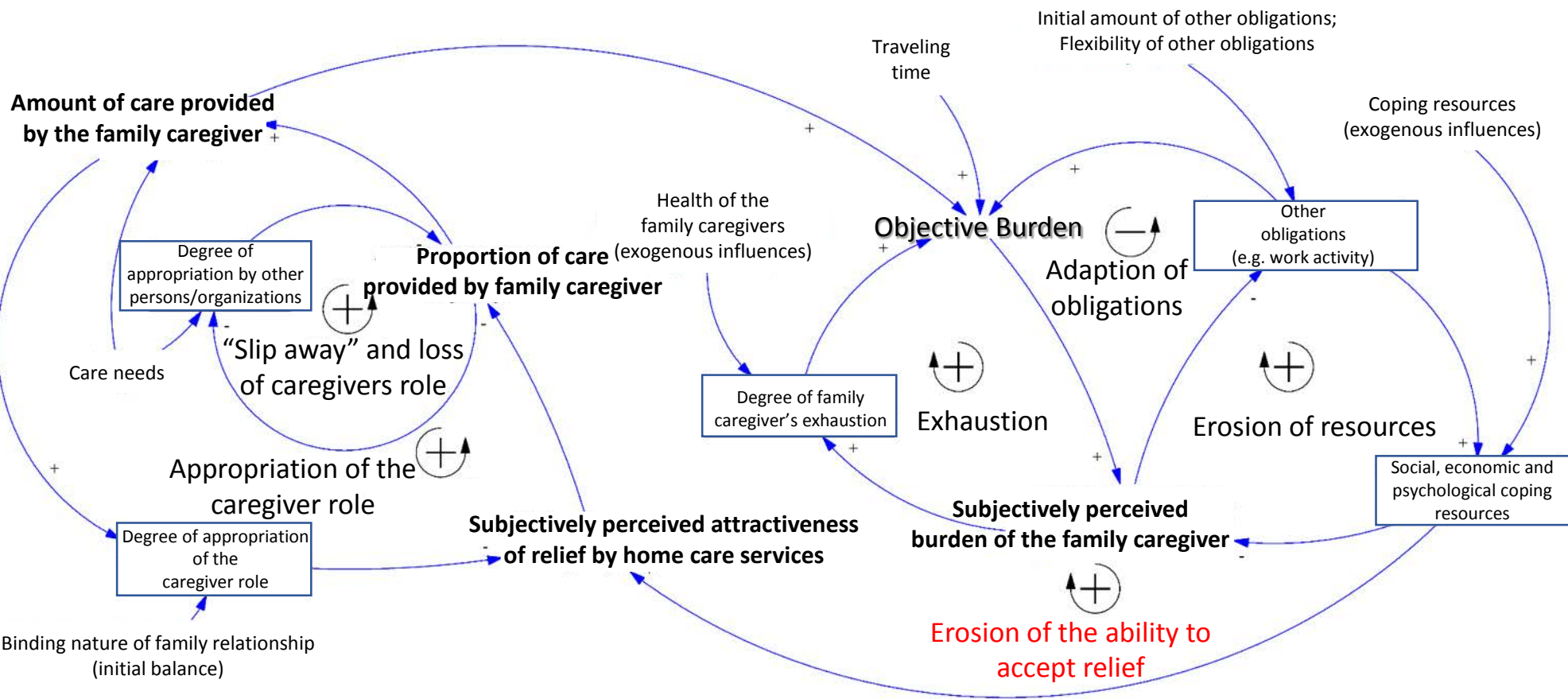
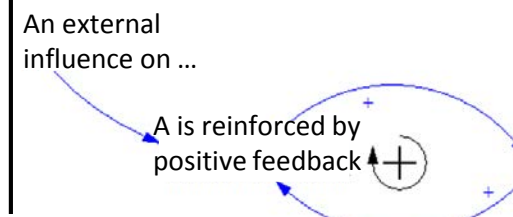
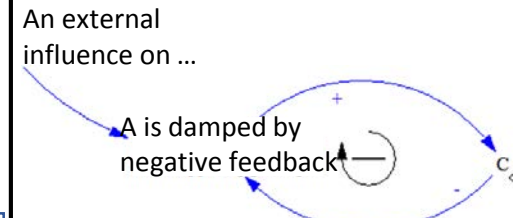
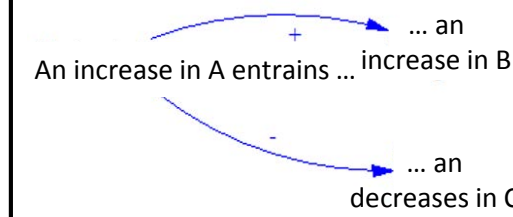


3. Erosion of ability to accept relief

Explanation:

Stock Variable

Auxiliary Size



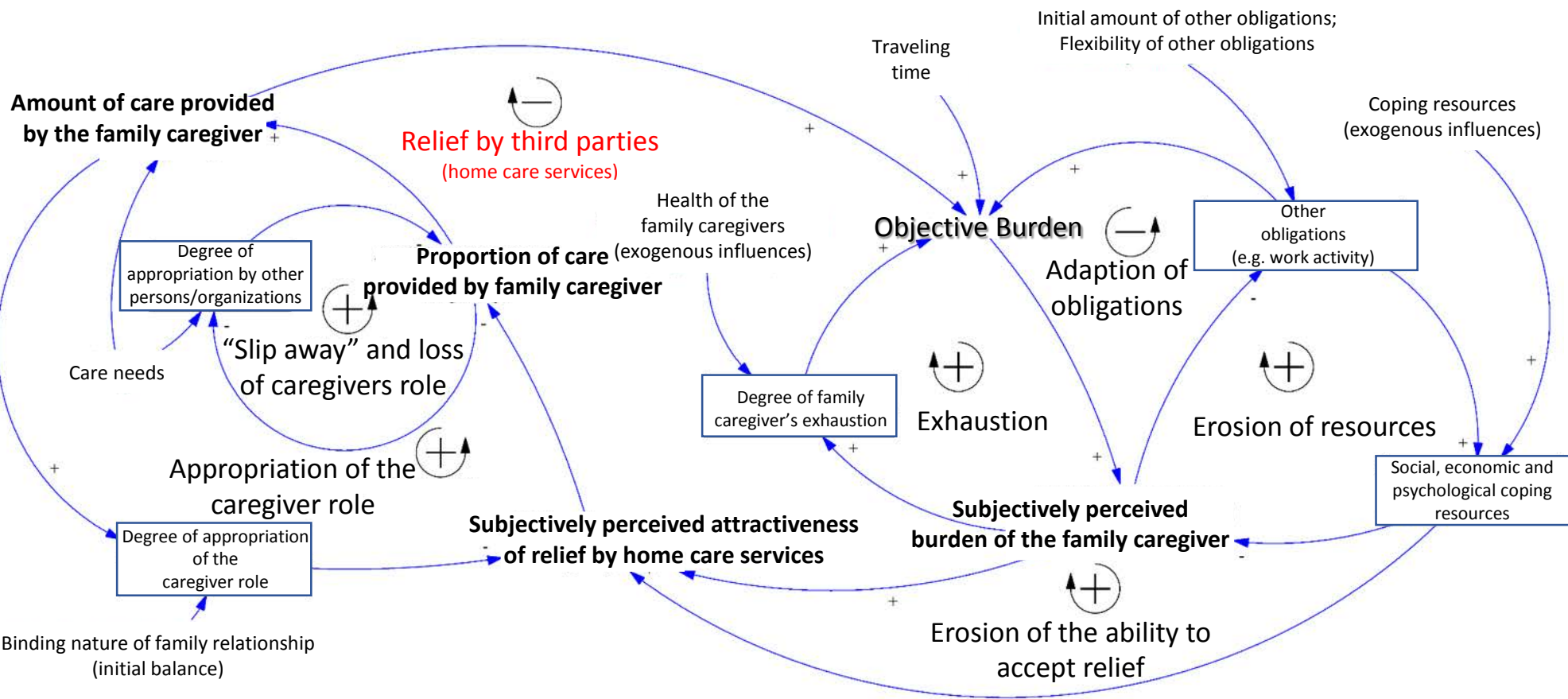
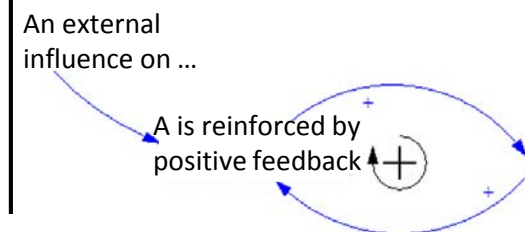
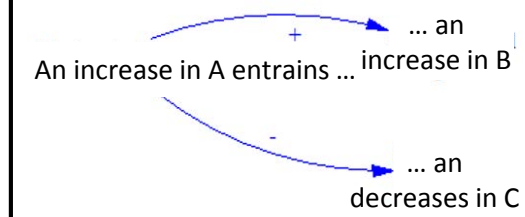


3. Relief by third parties

Explanation:

Stock Variable

Auxiliary Size



4. Conclusion

- The model was validated by more than 150 health care professionals.
- In the development process some changes and additions were necessary.
- The cause-effect model:
 - ... for the first time reveals the complexity and dynamics to becoming and being a family caregiver.
 - ... provides the basis for a quantitative simulation of the effects of support and relief.
 - ... provides the basis for development processes on community level.
 - ... helps to identify possibilities for interventions to support and strengthen family caregivers.
- Qualitative und quantitative data are currently being collected for model testing.
- The model is to be published this year.

Thanks for your attention



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