

«OST» News

Schools of Social Work & Health Professions

The year 2020 was exceptional for all of us, in the university context as well as in our private lives. It seems like from another time, when exchange semesters and travelling were simply possible.

Beside all the Covid-19 happenings, we were delighted to announce that we started the fall semester as part of **Eastern Switzerland University of Applied Sciences (OST)**! Eastern Switzerland University of Applied Sciences is a merger between FHS St. Gallen, NTB Buchs and HSR Rapperswil (as of 1 September 2020).

The new university is the legal successor of FHS St.Gallen; all existing contracts with our partners will remain valid. Our new contact details are listed below.

At OST, internationalisation remains a priority. Thank you for being part of our network! We are looking forward to continued cooperation with you.

General international enquiries
international@ost.ch

School of Social Work
io-socialwork@ost.ch

School of Health Professions
io-health@ost.ch

The Schools of Social Work and Health Professions are located at the **Campus St.Gallen**.

NEW! Bachelor of Science in Physiotherapy

OST will introduce a Bachelor of Science in Physiotherapy for the fall semester 2021/22.

What makes this new offer in St.Gallen unique is the specialization in Mental Health Care. This aims at the holistic consideration and treatment of physical and psychological problems in addition to the focus on musculoskeletal rehabilitation of conventional offers. Many people with mental illness often suffer from additional chronic somatic illnesses, diabetes or chronic pain. Physiotherapy can make an important contribution to meeting the physical and psychological needs of people with mental health problems. Further specializations in sports & training and internal medicine round off the new offer.

For more information, please visit our [website](#) (only in German).

Exchange at OST

OST is looking forward to welcoming students from your university! The Schools of Social Work and Health Professions are accepting registrations for our spring semester 2021 until mid-November and for our autumn semester 2021 until mid-June. For further information, please visit our [website](#). For direct enquiries, please contact our International Office Team (see contact details above).

You can find up to date information about the current Covid-19 situation in Switzerland under the following [link](#).

In the autumn semester, our university's goal was guarantee as many presence-based courses as possible, following strict protection measures. At its meeting on 28 October 2020, however, the Federal Council agreed on a further series of national measures. The new measures include a ban on face-to-face teaching at higher education institutions - higher education institutions must switch to distance learning from Monday, 2 November. Until further notice, all lectures at OST will be held online.

Please do not hesitate to contact us directly for detailed information.

With best wishes for a successful semester,
Vanessa Gächter, Nadia Baghdadi, Catrina Maag-Capraro & Andrea Federer

